



Return to Play – Coach/Manager/Parent-on-Duty Advice

Coach/Manager/Parent-on-Duty must take personal responsibility and decide whether they are happy to return to hockey.

All Coaches/Managers/Parents-on-Duty must complete the Sport Ireland COVID-19 Return to Sport Online e-Learning Course prior to the first training session for their group.

All Coaches/Managers/Parents-on-Duty are required to keep up to date with the Hockey Ireland Return-to-Play protocols (see Greenfields Hockey website).

A Health Questionnaire (via APP) must be completed for all Coaches/Managers/Parents-on-Duty within 2 hours of first training session.

Coaches/Managers/Parents-on-Duty with any symptoms of COVID-19 must stay away from the pitch.

A basic health check should be carried out by all Coaches/Managers/Parents-on-Duty prior to attending every subsequent training session/match. If there are any changes to your health status you cannot attend the session.

Coaches/Managers/Parents-on-Duty travelling by car to and from the pitch should travel alone or with members of their own household only. Sharing transport is not advised. Coaches/Managers/Parents-on-Duty are encouraged to cycle or walk if possible.

Coaches/Managers/Parents-on-Duty must arrive to pitch ready for the session (there will be no changing facilities open).

Coaches/Managers/Parents-on-Duty must adhere to signs displayed at the pitch, the signs are to remind everyone about the COVID-19 protocols (e.g. 2 meters distancing, sanitizing station).

Only players/coaches/managers and COVID Supervisors will be allowed inside the pitch during the training sessions.

Please bring your own hand sanitizer to each session. There will be a hand sanitizing station at the pitch. On arrival at pitch and when leaving the pitch please sanitize your hands.

Coaches/Managers/Parents-on-Duty should assist the COVID Supervisor with the attendance record when required.

Coaches/Managers/Parents-on-Duty must bring only essential items to training.

Training equipment (balls, cones etc.) should be kept away from players personal items.

Each coach will have their own separate bag of bibs. Bibs must only be worn once they must be washed after each session by the coach/Manager

Coaches/Managers/Parents-on-Duty personal items should be kept separate from others.

Coaches/Managers/Parents-on-Duty should touch only their own personal belongings.

One person per training group (e.g. coach/Manager) will be responsible at each session to handle the training equipment (setting up and putting away). Disposable gloves should be worn when taking out/packing away the training equipment. Gloves must be disposed of correctly (do not touch the outside part of the glove, place in a plastic bag and remove from the facility). If gloves are not worn hands must be sanitized before and after handling.

During the training only the coach can touch the coaching equipment with their hands (hockey balls, cones, throw down lines etc.).

Maintain social distancing of 2 metres between players and coaching team where possible. Contact can be permitted during play but social distancing outside the field of play is essential.

Please ensure you follow the correct cough/sneeze etiquette (into the elbow). Coaches/Managers/Parents-on-Duty should not spit or clear their nose openly at any time.

Unnecessary physical contact is discouraged such as hugs or greetings.

Dug outs will not be used during training.

Goalkeepers should only train if they have their own designated (not shared) goalkeeping equipment and equipment should be disinfected after each session.

Masks for short corners should not be shared. Players involved in short corners will either have their own mask or be allocated a club mask for the duration of the match. Masks must be clearly labelled and disinfected after each session.

1st Aid boxes should be available, it will be supplied with PPE (gloves and face masks).

If 1st Aid treatment is needed please ensure that a face mask and gloves are worn. Only the person giving the 1st Aid should be attend to the person requiring 1st Aid, all other persons should maintain social distancing.

All equipment will be disinfected after use, sanitized equipment will not be placed near equipment in use. Only 1 person will be designated to clean and disinfect the equipment (coach or another designated person). Equipment includes hockey balls, cones, throw down lines, masks etc.

Visible soiling on the equipment (dust, sweat etc.) will be removed by using detergent wipes or soap and clean water.

All surfaces used during training will be sprayed/wiped down with disinfectant (e.g. goal posts, railings).

Frequently touched surfaces off the pitch will also be cleaned and disinfected after each session (e.g. entrance gate).

Gloves must be worn when removing any rubbish (advise all to take home their own rubbish). Hands must be washed or sanitized after handling rubbish. Remove gloves correctly (do not touch outside of glove). Dispose of correctly.

If anyone feels unwell during the training session they will be given a mask to wear and asked to wait at an area away from all other players/coaches/managers. A family member will be contacted and the person feeling unwell will be asked to refer themselves to the GP. The

COVID Supervisor will report to Greenfields Hockey Club and the club will assist in contact tracing should there be a confirmed case of COVID-19.

After the session Coaches/Managers/Parents-on-Duty must leave the facility immediately and not socialize with others around the pitch.

There will be a COVID Supervisor in attendance at all sessions (clearly identifiable in a Hi-Vis). The COVID supervisor will monitor social distancing and intervene when required. Please comply with any advice/instruction given by them.

Coaches/Managers/Parents-on-Duty are encouraged to communicate any health and safety concerns they have during the session to COVID Supervisor in attendance.

If a Coaches/Managers/Parents-on-Duty is returning to hockey after recovering from a diagnosis of COVID-19 they must not return to the club until they are at least \geq 10 days from onset of symptoms plus 7 days from symptom resolution. If the illness was severe they are advised to consult with their GP/Physician prior to returning to the club. In the instance where COVID-19 was suspected, but not confirmed, this approach should also apply.